

# Yoga Change

## JOIN US AND TEACH 4 CHANGE!

*Bring your teaching talent and help transform lives  
and make an impact!*

Come join a team of  
compassionate, trauma-informed  
yoga teachers making the world  
a better place!

- Yoga 4 Change is a nonprofit organization dedicated to bringing the gift of yoga to populations that need it most: military & veterans, justice-impacted, youth, and individuals living with mental health challenges.
- We offer an established, purpose-driven curriculum that pairs yoga movements with thematic teachings tailored to the physical and emotional needs of each population we serve.



### Opportunities Available For:

- East Orlando
- Downtown Orlando
- Tampa
- Sarasota
- Fort Myers

All applicants must be  
registered yoga teachers  
(200hr minimum)

Contact Shiva Thompson at  
[sthompson@y4c.org](mailto:sthompson@y4c.org) or visit our  
website: [www.y4c.org](http://www.y4c.org)